



Universitatea Babeș-Bolyai,  
Cluj-Napoca  
www.ubbcluj.ro

Departamentul de Psihologie  
Clinică și Psihoterapie  
www.clinicalpsychology.ro



## Listă de publicații Diana-Mirela Nechita (Cândea)

### a) Lista celor mai relevante lucrări pentru realizările profesionale:

- Cândea, D. M., & Szentágotai-Tătar, A.** (2017). Shame as a predictor of post-event rumination in social anxiety. *Cognition and Emotion*, 1-8. doi: 10.1080/02699931.2016.1243518
- Cândea, D. M., David, D. & Szentágotai-Tătar, A.** (2018). Evidence-Based Psychological Interventions for Eating Disorders. In D. David, S. J. Lynn & G. H. Montgomery (Eds.), *Evidence-Based Psychotherapy: The State of the Science and Practice* (pp.189-218). New York: Wiley.
- Cândea, D. M., & Szentágotai-Tătar, A.** (2018). The Impact of Self-Compassion on Shame-Proneness in Social Anxiety. *Mindfulness*, 1-9. doi: 10.1007/s12671-018-0924-1
- Cândea, D. M., & Szentágotai-Tătar, A.** (2018). Shame-proneness, guilt-proneness and anxiety symptoms: A meta-analysis. *Journal of Anxiety Disorders*, 58, 78-106. doi: 10.1016/j.janxdis.2018.07.005
- Cândea, D., Stefan, S., Matu, S., Mogoase, C., Iftene, F., David, D., & Szentagotai, A.** (2018). *REBT in the Treatment of Subclinical and Clinical Depression*. Cham: Springer International Publishing.
- Cândea, D. M., & Szentágotai-Tătar, A.** (2020). Cognitive Reappraisal as an Emotion Regulation Strategy for Shame: Comparing Self-Distancing to Changing Self-Evaluations. *International Journal of Cognitive Therapy*, 13(1), 42-53. doi: <https://doi.org/10.1007/s41811-019-00064-4>
- Nechita, D. M., Bud, S., & David, D.** (2021). Shame and eating disorders symptoms: A meta-analysis. *International Journal of Eating Disorders*, 54(11), 1899-1945. <https://doi.org/10.1002/eat.23583>
- Ceclan, A. A., & **Nechita, D. M.** (2021). The effects of self-compassion components on shame-proneness in individuals with depression: An exploratory study.

Clinical Psychology & Psychotherapy, 28(5),1103-1110.

<https://doi.org/10.1002/cpp.2560>

Miu, A. C., Szentágotai-Tătar, A., Balázsi, R., **Nechita, D.**, Bunea, I., & Pollak, S. D.

(2022). Emotion regulation as mediator between childhood adversity and psychopathology: A meta-analysis. *Clinical Psychology Review*, 102141.

<https://doi.org/10.1016/j.cpr.2022.102141>

**Nechita, D. M.**, & David, D. (2023). Shame facets as predictors of problematic eating behaviors: An ecological momentary assessment study. *Behaviour Research and Therapy*, 168, 104381.

<https://doi.org/10.1016/j.brat.2023.104381>

#### **b) Teza de doctorat:**

Titlu: „*Self-conscious emotions in anxiety disorders: an emotion regulation approach*”

[„*Emoțiile auto-referențiale în tulburările de anxietate: o abordare din prisma reglării emoționale*”];

Instituția, locul și data susținerii: Universitatea Babeș-Bolyai, Cluj-Napoca,  
15.12.2016;

Coordonator: Prof. univ. dr. Aurora Szentagotai-Tătar.

#### **c) Brevete de invenție și alte titluri de proprietate industrială:**

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#### **d) Cărți și capitole în cărți:**

**Cândea, D. M.** & Szentagotai-Tatar, A. (2014). Shame, Body Image and Eating Disorders: A conceptual and Empirical Map. In K. G Lockhart (ed.), *Psychology of Shame: New Research* (pp. 121-140). New York: Nova Science Publishers.

Szentagotai-Tatar, A., David, D., Brustur, G. I, Burca, C., Cicodei, I., Popescu, M., Radu, E, **Cândea, D.** & Valenas, S. (2015). *Protocol clinic de grup pentru depresie destinat femeilor private de libertate*. Craiova: Sitech.

**Cândea, D. M.**, & Vălenas, S.P., & Szentágotai-Tătar, A. (2017). Altruismul. In A. Szentagotai-Tătar & D. David (Eds.), *Tratat de Psihologie Pozitivă* (pp. 111-127). Iași: Polirom.

- Cândea, D. M.,** & Szentágotai-Tătar, A. (2017). Evaluarea tulburărilor de anxietate. În V. Enea & I. Dafinoiu (Eds.), *Evaluarea psihologica. Manualul psihologului clinician* (pp.400-414). Iași: Polirom
- Cândea, D. M.,** David, D. & Szentágotai-Tătar, A. (2018). Evidence-Based Psychological Interventions for Eating Disorders. In D. David, S. J. Lynn & G. H. Montgomery (Eds.), *Evidence-Based Psychotherapy: The State of the Science and Practice* (pp.189-218). New York: Wiley.
- Cândea, D.,** Stefan, S., Matu, S., Mogoase, C., Iftene, F., David, D., & Szentagotai, A. (2018). REBT in the Treatment of Subclinical and Clinical Depression. Cham: Springer International Publishing.
- Szentagotai-Tătar, A., **Cândea, D.M.,** David, D.O. (2019). REBT and Positive Psychology. In Bernard M. & Dryden W. (Eds.), *Advances in REBT* (pp.246-266). Cham: Springer.
- David, D., Cardoso, R., **Cândea, D.,** Oltean, H., Ștefan, S. (2019a). REBT and Depressive Disorders. In Dryden W. & Bernard M. (Eds.), *REBT with Diverse Client Problems and Populations* (pp.23-44). Cham: Springer.
- Cândea, D.M.,** Ceclan, A., Cionca, S., & Szentagotai-Tătar, A. (2019b). Self-Compassion and Mental Illness: A Review of Theoretical and Empirical Evidence. Part I. In Galiana L. & Sanso N. (Eds), *The Power of Compassion*. New York: Nova Science Publishers.
- Cândea, D.M.,** Ceclan, A., Cionca, S., & Szentagotai-Tătar, A. (2019). Self-Compassion and Mental Illness: A Review of Theoretical and Empirical Evidence. Part II. In Galiana L. & Sanso N. (Eds), *The Power of Compassion*. New York: Nova Science Publishers.
- Cândea, D.M** & Bud, S. (2019). Programe de intervenție pentru depresie. În V. Enea (Ed.), *Intervenții psihologice în școală. Manualul consilierului școlar*. (pp.265-275). Iași: Polirom
- Szentágotai-Tătar, A., Miu, A. C., **Nechita, D. M.,** & David, D. (2021). Rational Emotive Behavior Therapy and happiness. In W. Dryden (Ed.), *New Directions in Rational Emotive Behaviour Therapy* (pp. 142-160). Routledge
- David, D., Szentagotai, A., Nechita, D., & Ștefan, S. (2022). Psychotherapy Models: A Historical Perspective. In G.J.G . Asmundson (Ed.), *Comprehensive Clinical Psychology* (pp. 1-25). Elsevier. <https://doi.org/10.1016/b978-0-12-818697-8.00098-4>

**e) Articole/studii in extenso, publicate în reviste din fluxul științific internațional principal:**

**Articole publicate în reviste indexate ISI:**

- Cândea, D. M.**, & Szentagotai, A. (2013). Shame and psychopathology: from research to clinical practice. *Journal of Cognitive and Behavioral Psychotherapies*, 13(1), 101-113.
- Szentágotai-Tătar, A., Chiș, A., Vulturar, R., Dobrean, A., **Cândea, D. M.**, & Miu, A. C. (2015). Shame and Guilt-Proneness in Adolescents: Gene-Environment Interactions. *PloS one*, 10(7), e0134716. doi: 10.1371/journal.pone.0134716
- Cândea, D.M.**, Cotet, C. D., & Matu, S. A (2016). Do Psychologists Offer Coaching Services? Preliminary Results from a Survey on CBT Practitioners. *Journal of Evidence-Based Psychotherapies*, 16(1), 57-66.
- Cândea, D. M.**, & Szentágotai-Tătar, A. (2016). Shame as a predictor of post-event rumination in social anxiety. *Cognition and Emotion*, 1-8. doi: 10.1080/02699931.2016.1243518
- Cândea, D. M.**, & Szentágotai-Tătar, A. (2018). The Impact of Self-Compassion on Shame-Proneness in Social Anxiety. *Mindfulness*, 1-9. doi: 10.1007/s12671-018-0924-1
- Cândea, D. M.**, & Szentágotai-Tătar, A. (2018). Shame-proneness, guilt-proneness and anxiety symptoms: A meta-analysis. *Journal of Anxiety Disorders*, 58, 78-106. doi: 10.1016/j.janxdis.2018.07.005
- Căzănescu, D. G., Tecuta, L., **Cândea, D.M.**, Szentágotai-Tătar, A. (2019). Savoring as Mediator Between Irrational Beliefs, Depression, and Joy. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 37, 84–95. doi: 10.1007/s10942-018-0304-8
- Prefit, A.B., **Cândea, D.M.** & Szentagotai-Tătar, A. (2020). Effects of acceptance and reappraisal on body dissatisfaction: an experimental comparison of two adaptive emotion regulation strategies. *Eat Weight Disord*, 25, 803–809. <https://doi.org/10.1007/s40519-019-00691-y>
- Prefit, A.B., **Cândea, D.M.** & Szentagotai-Tătar, A. (2019). Emotion regulation across eating pathology: A meta-analysis. *Appetite*. 143:104438. doi: 10.1016/j.appet.2019.104438

- Cândea, D. M.,** & Szentágotai-Tătar, A. (2020). Cognitive Reappraisal as an Emotion Regulation Strategy for Shame: Comparing Self-Distancing to Changing Self-Evaluations. *International Journal of Cognitive Therapy*, 13(1), 42-53. doi: <https://doi.org/10.1007/s41811-019-00064-4>
- Szentagotai-Tătar, A., **Nechita, D. M.,** Miu, A.C (2020). Shame in Anxiety and Obsessive-Compulsive Disorders. *Curr Psychiatry Rep.*, 22(4). doi: 10.1007/s11920-020-1142-9.
- Ceclan, A. A., & **Nechita, D. M.** (2021). The effects of self-compassion components on shame-proneness in individuals with depression: An exploratory study. *Clinical Psychology & Psychotherapy*, 28(5),1103-1110. <https://doi.org/10.1002/cpp.2560>
- Crisan, S. M., & **Nechita, D. M.** (2022). Maladaptive emotion regulation strategies and trait anger as predictors of depression severity. *Clinical Psychology & Psychotherapy*, 29(3), 1135-1143. <https://doi.org/10.1002/cpp.2702>
- Cristea, I. A., & **Nechita, D. M.** (2021). Effective psychological interventions for relapse prevention in schizophrenia. *The Lancet Psychiatry*. [https://doi.org/10.1016/s2215-0366\(21\)00351-5](https://doi.org/10.1016/s2215-0366(21)00351-5)
- Nechita, D. M.,** Bud, S., & David, D. (2021). Shame and eating disorders symptoms: A meta-analysis. *International Journal of Eating Disorders*, 54 (11), 899-1945. <https://doi.org/10.1002/eat.23583>
- Miu, A. C., Szentágotai-Tătar, A., Balázs, R., **Nechita, D.,** Bunea, I., & Pollak, S. D. (2022). Emotion regulation as mediator between childhood adversity and psychopathology: A meta-analysis. *Clinical Psychology Review*, 102141. <https://doi.org/10.1016/j.cpr.2022.102141>
- Crisan, S., Canache, M., Buksa, D., & **Nechita, D.** (2023). A Comparison Between Self-compassion and Unconditional Self-acceptance: Interventions on Self-blame, Empathy, Shame-, Guilt-Proneness, and Performance. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 41(1), 64-70. <https://doi.org/10.1007/s10942-022-00451-5>
- David, D., Ștefan, S., **Nechita, D.,** & Dobrea, A. (2023). A brief history of Romanian psychology. *Journal of the History of the Behavioral Sciences*, 59(1), 45-51. <https://doi.org/10.1002/jhbs.22223>

- Bud, S., **Nechita, D.**, & Szentagotai Tatar, A. (2023). Emotion regulation strategies in borderline personality disorder: a meta-analysis. *Clinical Psychologist*, 27(2), 142-159. <https://doi.org/10.1080/13284207.2022.2152668>
- Stefan, S., Stroian, P., Fodor, L., Matu, S., **Nechita, D.**, Boldea, I., ... & Mustățea, M. (2023). An online contextual schema therapy workshop for social anxiety symptoms—a randomized controlled trial. *Journal of Contextual Behavioral Science*, 29, 67-75. <https://doi.org/10.1016/j.jcbs.2023.06.005>
- Nechita, D. M.**, & David, D. (2023). The longitudinal links between shame, eating disorders and social anxiety symptoms: a cross-lagged panel analysis. *Current Psychology*, 42(28), 24260-24274. <https://doi.org/10.1007/s12144-022-03513-0>
- Nechita, D. M.**, & David, D. (2023). Shame facets as predictors of problematic eating behaviors: An ecological momentary assessment study. *Behaviour Research and Therapy*, 168, 104381. <https://doi.org/10.1016/j.brat.2023.104381>

**Articole publicate în reviste BDI:**

- Cândea, D. M.**, & Szentágotai-Tatar, A. (2014). Does Shame-Proneness Enhance our Understanding of Social Anxiety beyond Classical Cognitive Constructs?. *Transylvanian Journal of Psychology*, 15(1), 33-47.
- Cândea, D. M.**, Cotet, C. D., Stefan, S., Valenas, S. P., & Szentagotai-Tatar, A. (2015). Computerized cognitive training for working memory in older adults: A review. *Transylvanian Journal of Psychology*, 16(2), 141-161.

**f) Publicații in extenso, apărute în lucrări ale principalelor conferințe internaționale de specialitate:**

**Articole full text publicate în volume ale unor conferințe, indexate ISI:**

- Cândea, D. M.**, Matu, S. A., & Szentagotai, A. (2014). Individual differences in shame-proneness and trait rumination as predictors of depressive symptoms. *Procedia – Social and Behavioral Sciences*, 127, 277-281. doi: 10.1016/j.sbspro.2014.03.255

**g) Alte lucrări și contribuții științifice:**

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dr. Diana Nechita